

Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Grain Cereal & Applesauce	Whole Grain French Toast & Fruit	Whole Grain Muffins & Bananas	Breakfast Tacos on Whole Grain Tortillas & Hash Browns	Biscuits & Sausage Gravy & Fruit

Lunch

\$8/day or *\$35/week *with lunch subscription

\$8 or \$9 for take-out meals

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Chex Mix & Apples	Graham Crackers & Milk	Cherry Tomatoes & String Cheese	Yogurt & Strawberries	Whole Grain Wheat Thins & Cheese Sticks
1st Week Lunch	Italian Meatball Sub Salad Green Beans	Taco Salad Rice Corn	Fish Sticks Macaroni & Cheese Carrots Apples	Sloppy Joes Tater Tots Baked Beans	Chick-fil-A Small \$8 6 nuggets & chips Large \$9 sandwich, chips, & brownie
PM Snack	Crackers & Pepperoni	Peaches & Pretzels	Goldfish & Juice	Peanut Butter Crackers & Juice	Animal Crackers & Milk
AM Snack	Graham Crackers & Milk	Trail Mix w/ Raisins	Crackers & Cheese Slices	Celery & Peanut Butter	Frosted Mini Wheats & Oranges
2nd Week Lunch	Spaghetti w/ Meat Sauce Salad Green Beans Garlic Bread	Chicken Quesadillas Spanish Rice Corn Pinto Beans	Hamburgers w/Trimmings Chips Apple Baked Beans	Chicken Tenders Cheesy Potatoes Peaches	Papa John's Pizza Small \$8 up to 3 pieces w/ salad Large \$9 up to 4 pieces w/ salad & cookie
PM Snack	Seasonal Fruit & Peanut Butter	Animal Crackers & Milk	Chex Mix & Juice	Cheeze-Its & Pickles	Oreos & Milk & Fruit
AM Snack	Ritz Crackers & Lunch Meat	Cereal Mix & Milk	Chips & Bean Dip	Pretzels & Yogurt	Whole Grain Cinnamon Toast & Milk
3rd Week Lunch	Chicken Alfredo Peas Salad	Loaded Nachos Salad Corn	Deli Sandwiches Chicken Noodle Soup Fruit Carrot Sticks	Hot Dogs Fritos Ranch Style Beans Carrot Sticks	Chick-fil-A Small \$8 6 nuggets & chips Large \$9 sandwich, chips, & brownie
PM Snack	Animal Crackers & Milk	Pineapple & Cottage Cheese	Peanut Butter Crackers & Juice	Goldfish & Seasonal Fruit	Animal Crackers & Milk
AM Snack	Cheese Bread	Oranges & Cheese Sticks	Animal Crackers & Milk	Bananas & String Cheese	Whole Grain Crackers & Cheese
4th Week Lunch	Lasagna Salad Green Beans	Soft Tacos Rice Corn Peaches	Chicken & Rice Green Beans Cranberry Sauce Pineapple	Corn Dogs Tater Tots Ranch Style Beans	Papa John's Pizza Small \$8 up to 3 pieces w/ salad Large \$9 up to 4 pieces w/ salad & cookie
PM Snack	Peanut Butter Crackers & Juice	Cheeze-Its & Fresh Vegetables	Trail Mix & Raisins	Seasonal Fruit & Peanut Butter	Snack Cakes & Milk & Fruit

- All breakfasts & lunches are served with milk & water.
- All snacks are served with water unless otherwise indicated.
- All meals are subject to change due to circumstances beyond our control.
- Breakfast is served daily from 7:00 to 7:45 AM. K-8 Students must be enrolled in extended care to eat breakfast at Step By Step. AM snack is only served to Kindergarten & 1st grade.
- If your child needs a special diet, does not like what will be served, or needs to eat something different from the scheduled menu, please provide food accordingly. Please send written instructions as to your child's special dietary needs.
- All parent provided meals & snacks should be nutritious and healthful in order to meet the daily needs of growing children. Please avoid the following items: carbonated and/or caffeinated beverages (sodas, energy drinks, etc), food that must be refrigerated or heated, candy, and "fast" food (takeout from McDonald's, etc.)