



Preschool Menu 2026-2027

Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WG Bagels w/ toppings & Applesauce	French Toast & Cinnamon Apples	Muffins & Bananas	Breakfast Tacos on WG Tortillas & Tater Tots	Pancakes & Pineapples

Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Goldfish	Graham Crackers & Milk	Granola Bar & Yogurt	Cheez-Its	Pretzels & String Cheese
1st Week Lunch	Chicken Alfredo Peas Apples/*Applesauce	Taco Salad w/ Shredded Lettuce Spanish Rice Black Beans Corn	Corn Dogs Baked Beans Carrot Sticks/*Cooked Carrots	Turkey & Cheese Wraps Sweet Potatoes Fries Apples/*Applesauce	Beef Stroganoff w/ Egg Noodles Peaches Green Beans
PM Snack	Ritz Crackers & Sliced Cheese	WG Pretzels & Peaches	WG Protein Balls & Apples/*Applesauce	Strawberries & Goldfish	WG Wheat Thins & Cucumbers
AM Snack	Graham Crackers	Pretzels	Ritz Crackers	Cereal Mix & Milk	Vanilla Wafers
2nd Week Lunch	Spaghetti w/ Meat Sauce Salad / *Pears Green Beans	Chicken Tacos Spanish Rice Corn Refried Beans	Fish Sticks Macaroni & Cheese Carrots Zucchini	Hot Dogs Cheese Balls/ *Goldfish Ranch Style Beans Fruit Salad	Chicken Pot Pie Mixed Vegetables Pineapples
PM Snack	Cheez-Its & Pickles	WG Cheerios w/ Raisins	WG Sun Chips & Apple Juice	Yogurt & Bananas	WG Cheerios & Apples
AM Snack	Goldfish	Cookies & Milk	Cheez-Its	Animal Crackers	Granola Bar & Yogurt
3rd Week Lunch	Pizza Cucumber Salad Pears	Burrito Bowl w/ Queso Spanish Rice Corn Black Beans	Popcorn Chicken Mashed Potatoes w/ gravy Peas	Sloppy Joes Tater Tots Ranch Style Beans	Chicken Salad w/ Croissant Sweet Potato Fries Oranges
PM Snack	Banana Bread & Milk	WG Rice Cakes & Peanut Butter	WG Crackers & Sliced Cheese	Ritz Crackers & String Cheese	WG Protein Balls & Bananas
AM Snack	Vanilla Wafers	Oranges & String Cheese	Animal Crackers & Milk	Goldfish	Pretzels & Apples
4th Week Lunch	Lasagna Salad/*Pears Green Beans Rolls	Soft Tacos Pinto Beans Spanish Rice Peaches	Orange Chicken Fried Rice w/ Peas & Carrots Pineapples	Chicken Nuggets Mashed Potatoes Cornbread Peaches	Pigs in a Blanket Mac and Cheese Broccoli Apples/*Applesauce
PM Snack	Ritz Crackers & Apple Juice	WG Cheerios w/ Raisins	WG Sun Chips & Oranges	Animal Crackers & String Cheese	WG Wheat Thins & Peaches

- *Substitute items served for children under 2 years of age.
- All breakfasts & lunches are served with milk & water.
- All snacks are served with water unless otherwise indicated.
- All meals are subject to change due to circumstances beyond our control.

- Breakfast is served daily from 6:45 to 7:35 AM. K-8 Students must be enrolled in extended care to eat breakfast at Step By Step. AM snack is only served to kindergarten & 1st grade.
- If your child needs a special diet, does not like what will be served, or needs to eat something different from the scheduled menu, please provide food accordingly. Please stop by the office to fill out a form for your child's special dietary needs.
- All parent provided meals & snacks should be nutritious and healthful in order to meet the daily needs of growing children and to comply with our federal food program guidelines. Please avoid the following items: carbonated and/or caffeinated beverages (sodas, energy drinks, etc.), food that must be refrigerated or heated, candy, and "fast" food (takeout from McDonald's, etc.)