

## Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Whole Grain Cereal & Applesauce	Whole Grain French Toast & Fruit	Whole Grain Muffins & Bananas	Breakfast Tacos on Whole Grain Tortillas & Hash Browns	Biscuits & Sausage Gravy & Fruit

## Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM Snack</b>	Chex Mix & Apples	Graham Crackers & Milk	Cherry Tomatoes & String Cheese	Yogurt & Strawberries	Whole Grain Wheat Thins & Cheese Sticks
<b>1st Week Lunch</b>	Italian Meatball Sub Salad Green Beans	Taco Salad Rice Corn	Fish Sticks Macaroni & Cheese Carrots Apples	Sloppy Joes Tater Tots Baked Beans	Chicken & Dumplings Green Beans Fruit
<b>PM Snack</b>	Crackers & Pepperoni	Peaches & Pretzels	Goldfish & Juice	Peanut Butter Crackers & Juice	Animal Crackers & Milk
<b>AM Snack</b>	Graham Crackers & Milk	Trail Mix w/ Raisins	Crackers & Cheese Slices	Celery & Peanut Butter	Frosted Mini Wheats & Oranges
<b>2nd Week Lunch</b>	Spaghetti w/ Meat Sauce Salad Green Beans	Chicken Quesadillas Spanish Rice Corn Pinto Beans	Hamburgers w/ Trimmings Cheese Balls Apple Baked Beans	Chicken Nuggets Cheesy Potatoes Peaches	BBQ Subs Green Beans Potato Salad
<b>PM Snack</b>	Seasonal Fruit & Peanut Butter	Animal Crackers & Milk	Chex Mix & Juice	Cheeze-Its & Pickles	Oreos & Milk & Fruit
<b>AM Snack</b>	Ritz Crackers & Lunch Meat	Cereal Mix & Milk	Chips & Bean Dip	Pretzels & Yogurt	Whole Grain Cinnamon Toast & Milk
<b>3rd Week Lunch</b>	Chicken Alfredo Peas Salad	Loaded Nachos Salad Corn	Deli Sandwiches Chicken Noodle Soup Fruit Carrot Sticks	Hot Dogs Fritos Ranch Style Beans Carrot Sticks	Chicken Spaghetti Green Beans Black Eyed Peas
<b>PM Snack</b>	Animal Crackers & Milk	Pineapple & Cottage Cheese	Peanut Butter Crackers & Juice	Goldfish & Seasonal Fruit	Animal Crackers & Milk
<b>AM Snack</b>	Cheese Bread	Oranges & Cheese Sticks	Animal Crackers & Milk	Bananas & String Cheese	Whole Grain Crackers & Cheese
<b>4th Week Lunch</b>	Lasagna Salad Green Beans	Soft Tacos Rice Corn Peaches	Chicken & Rice Green Beans Cranberry Sauce Pineapple	Corn Dogs Tater Tots Ranch Style Beans	Pizza Salad Green Beans
<b>PM Snack</b>	Peanut Butter Crackers & Juice	Cheeze-Its & Fresh Vegetables	Trail Mix & Raisins	Seasonal Fruit & Peanut Butter	Snack Cakes & Milk & Fruit

- All breakfasts & lunches are served with milk & water.
- All snacks are served with water unless otherwise indicated.
- All meals are subject to change due to circumstances beyond our control.
- Breakfast is served daily from 7:00 to 7:45 AM. K-8 Students must be enrolled in extended care to eat breakfast at Step By Step. AM snack is only served to Kindergarten & 1st grade.
- If your child needs a special diet, does not like what will be served, or needs to eat something different from the scheduled menu, please provide food accordingly. Please send written instructions as to your child's special dietary needs.
- All parent provided meals & snacks should be nutritious and healthful in order to meet the daily needs of growing children. Please avoid the following items: carbonated and/or caffeinated beverages (sodas, energy drinks, etc), food that must be refrigerated or heated, candy, and "fast" food (takeout from McDonald's, etc.)